

# Jayhawk Café

Lower School "Kid Friendly" February 2020 Menu \*Gluten Sensitive

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Southern Comfort</b>	<b>Global Adventure</b>	<b>American BBQ Series</b>	<b>Platillo Latino</b>	<b>Southern Comfort</b>
Crispy Macaroni & Cheese, Green Beans, & Salad with Citrus Dressing	Chicken, Peas, & Potato Yellow Thai Curry or Tofu, Pea, & Potato Yellow Thai Curry, Coconut Rice, & Cauliflower	BBQ Baby Back Ribs or Crispy BBQ Tofu Tenders, Creamy Mashed Potatoes, Broccoli, & Watermelon Wedges Fresh Baked Sugar Cookies	Chicken Tamales, or Cheddar Cheese Tamales, Refried Beans, Mexican Rice, with Salsa, Cheese, & Sour Cream	Crispy Chicken & Waffles or Crispy Tofu Tenders & Waffles, Warm Maple Syrup, Green Bean Succotash, & Seasonal Fruit Salad
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Platillo Latino</b>	<b>Global Adventure</b>	<b>Caribbean Cuisine</b>	<b>Kitchen Table</b>	<b>Pizza Day</b>
Vegetable Tortilla Soup with Three Cheese Quesadillas, Sour Cream, Cheddar Cheese, & a Mexican Salad with Ranch Dressing	Lemon Chicken & Asparagus Stir Fry or Lemon Tofu & Asparagus Stir Fry over Rice, Crispy Chicken Pot Stickers or Veggie Egg Rolls	Jamaican Jerk Chicken or Jamaican Jerk Tofu, Rice, Carrots, & Pineapple Salsa	Italian Sausage over Penne Pasta with Marinara, or Penne Pasta with Marinara, Romaine & Spinach Salad	Three Cheese Pizza, or Pepperoni Pizza, Oven Roasted Ocean Mist Broccoli, Seasonal Citrus & Melon Salad ***NEW*** Gluten Free Cheese Pizza offered upon request
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Platillo Latino</b>	<b>Global Adventure</b>	<b>Southern Comfort</b>	<b>Global Adventure</b>	<b>Pizza Day</b>
Burrito Bowl with Spanish Rice, Beans, Salsa, Sour Cream, Cheddar Cheese, Shredded Lettuce, & Tortilla Tri Colored Chips	Pineapple Chicken Stir-Fry Rice Bowl or Pineapple Tofu Stir-Fry Rice Bowl, & Orange Wedges	Crispy Chicken Fried Steak, or Crispy Fried Tofu Steak, Sausage Gravy or Veggie Gravy, Potatoes, & String Beans Fresh Baked Chocolate Chip Cookie	Hawaiian Chicken Teriyaki, or Tofu Teriyaki over Rice, Creamy Macaroni Salad, Broccoli	Three Cheese Pizza, or Pepperoni Pizza, Oven Roasted Faurot Farm Baby Carrots with House Made Creamy Dill Dressing, Thompson Seedless Grape Clusters ***NEW*** Gluten Free Cheese Pizza offered upon request