

Jayhawk Café

Lower School "Kid Friendly" March 2020 Menu *Gluten Sensitive

Monday		Tuesday		Wednesday		Thursday		Friday	
2		3		4		5		6	
Kitchen Table		Global Adventure		Taste of Home		Platillo Latino		Global Adventure	
Three Cheese Tortellini with Creamy Alfredo Sauce, Broccoli, Salad, Shredded Cheese with Balsamic Dressing		Pork Chop with Mango Salsa or Grilled Tofu with Mango Salsa, Rice, Vegetable Medley, & a Grilled Carrot Salad		Turkey Burger on a Warm Brioche Bun, or Grilled Veggie Burger on A Warm Brioche Bun, Sweet Potato Fries, & Romaine & Cherry Tomato Salad		Roasted Chicken or Meatless Peruvian Seasoned Tofu, Rice, Grilled Succotash Salad		Beef & Sugar Snap Pea Stir-Fry Rice Bowl, or Crispy Asian Tofu & Sugar Snap Pea Stir-Fry Rice Bowl, Broccoli, & Mandarin Orange Wedges	
9		10		11		12		13	
Platillo Latino		Kitchen Table		Global Adventure		Global Adventure		Pizza Day	
Vegetable Burrito Bowl, Potatoes, Beans, Mexican Rice, Salsa, Sour Cream, Cheddar Cheese, & Shredded Lettuce, Crispy Tortilla Strips		Chicken & Corkscrew Pasta with Creamy Alfredo Sauce or Corkscrew Pasta with Creamy Alfredo Sauce, & Broccoli, Local Honeydew & Red Seedless Grape Fruit Salad		Grilled Chicken Bowl or a Tofu Bowl Served with Rice, & Edamame, Shredded Carrots, & Wakame Seaweed Salad, Tangelo Orange Wedges Fresh Baked Shortbread Cookie		Chicken Biryani, Potatoes, & Peas or Crispy Tofu Biryani, Potatoes, & Peas, Basmati Rice, Cauliflower, Garlic Naan & Mango Chutney		Three Cheese Pizza, or Pepperoni Pizza, Oven Roasted Ocean Mist Broccoli, & a Local Clementine Oranges ***NEW*** Gluten Free Cheese Pizza offered upon request	
16		17		18		19		20	
Kitchen Table		Global Adventure		American BBQ Series		Platillo Latino		Taste of Home	
Crispy Cauliflower Macaroni & White Cheddar Cheese, Green Beans, & Red Grape Clusters		Kung Pao Chicken & Jasmine Brown Rice, Kung Pao Crispy Tofu & Jasmine Brown Rice, Crispy Vegetable Spring Roll & House Made Sweet Chili Sauce		Grilled Rosemary & Lemon Chicken, Or Grilled Rosemary & Lemon Tofu, Mashed Potatoes, Broccoli, Grilled Pineapple Fruit Salad		Shredded Chicken Chimichanga or Vegetarian Chimichanga, Beans, Mexican Rice, Salsa, Sour Cream, Cheddar Cheese, & Shredded Lettuce		Grilled Cheddar Cheese Sandwich, Carrot Ginger Soup, Mixed Garden Green Salad, & House Made Basil Balsamic Vinaigrette	
23		24		25		26		27	
Taste of Home		Kitchen Table		Platillo Latino		American BBQ Series			
Rigatoni Pasta with Marinara, Basil, & Eggplant, Spinach & Local Romaine Caesar Salad		Chicken, Pineapple & Yukon Gold Potato Thai Curry or Tofu, Yukon Gold Potato Pineapple Thai Curry, Coconut Rice, & Cauliflower		Shredded Chicken Enchiladas Casserole, or Potato Enchilada Casserole, Mexican Rice, Sour Cream, Salsa, Shredded Lettuce, & Cheddar Cheese Fresh Baked Mexican Wedding Cookie		Fried Chicken or Fried Tofu, Green Bean, Crinkle Cut French, House Cut Bread & Butter Pickles		No School Faculty Work Day	